



PRAYER

Prayer is vital in our relationship with God. I think that most would agree with this statement; however, many of us struggle in communicating with God on a daily basis. As a 4D Kingdom Builder (a spiritual leader) @home, @work, @church and @community, we must be strategic in finding ways to pray for these four dimensions in our lives.

The Bible says in Ephesians 6:18, “pray on all occasions with all sorts of prayers.” In order to strengthen these four dimensions in our lives, I have put together some very specific helps. These are certainly not the only ways to pray, but they are intentional ways to help you get started. *As we give our lives to lead people to life-changing faith in Jesus*, God wants us to pray for the *people* in our lives.

Praying for everything, every day, can sometimes make our prayers very vague and routine. I would recommend that each day you focus on one dimension, allowing you to pray for specific people in your life. For example, Monday pray for those @home and your extended family, Tuesday pray for those @work, Wednesday pray for those @community and Thursday pray for those @church. Continue rotating through these four dimensions.

I encourage you to write down your requests each time you pray. This allows you to remember what you have prayed. We tend to pray once for something and then forget about it. Remember, persistent prayer is the key to seeing God move! Write down God’s answers and notice that He answers in His time. Your faith will begin to grow as you celebrate His movement and His power in your life.

Listed below are some specific ways to help identify people to pray for in each of the four dimensions. You can adapt each as you see fit.

@ HOME

List the names of your immediate family. Ask each family member how you can pray for them this week.

List the names of your extended family. Ask how you can pray for them this week.

@ WORK

Draw a map of your work area. Be sure to include your desk, office, station and all the people around you. Next, fill in names for each of these spaces. Start praying for God to work in their lives. Want to be bolder? Go to them and let them know you are praying for them. Ask for specific ways in which you can pray.

@CHURCH

Go to the staff page on your church’s website. Pray for your Pastor and the church staff by name.

While in the worship service on Sunday, pray for those around you. Pray for God to move in you and in your church with freedom and power. As you travel, each time you pass a church, pray for that outpost of the Kingdom of God.

@COMMUNITY

Draw a map of your street. Draw your mailbox and all the mailboxes around you. Now write the names of your neighbors on those mailboxes. If you don’t know their names, introduce yourself. Begin praying for each of them by name. Take it a step further and ask how you can pray for them this week.

Remember to write down your requests and celebrate when God answers!

One final thought: The best way to learn to pray is to do it. So make the time to turn off the devices and get alone with God and pray.