

Food Boxes for Appalachia

- Powdered milk
- Macaroni and cheese
- Canned meats (especially tuna)
- Peanut butter
- Dry beans (especially pinto, great northern, navy)
- Corn meal or cornbread mix
- Spaghetti/Pasta
- Spaghetti sauce
- 5 lbs. sugar
- 5 lbs. self-rising flour
- Canned soups
- Crackers
- Canned vegetables
- Canned fruits
- Small can shortening/bottle of cooking oil
- Boxed instant oats
- Boxed instant potatoes
- Dry cereal
- Jelly
- Coffee or tea
- Powdered flavored drink mix

Hygiene Items, Cleaning Supplies, and Paper Products

- New/unused socks
- New/unused undergarments
- Baby diapers & wipes
- Toilet paper
- Paper towels
- Feminine products
- 2 in 1 shampoo/ conditioner
- Razors
- Shaving Cream
- Bars of Soap
- Wash cloths
- Toothbrushes
- Toothpaste
- Mouthwash
- Deodorant
- Lotion
- Gallon size plastic storage bags
- Hairbrushes/combs
- Various household cleaning products.

School Supplies

- Scissors (round-tip like Fiskars)
- Spiral Notebooks
- 16 or 24 count Crayola Crayons
- Loose-leaf Notebook Paper
- No.2 Pencils
- Pack Blue or Black Pens
- 8 Count Washable Crayola Markers
- Facial Tissue
- Colored Pencils
- Hand Sanitizer
- 3-Prong/Two Pocket Folders
- School Glue
- Backpacks
- 3x5 Index Cards

**Donations may be dropped out at the Missions Center on Sundays
or at the Women's Ministry Office Mon - Thurs 8AM - 6PM.**

**For more information on this ministry, contact
the Women's Ministry Office, (770)277-6020 ext. 243 or
women@hebronchurch.org**